



JOINING INSTRUCTIONS
for
Vancouver Island Area Directed Activity (ADA)

Exercise Eagle's Talon NVI
Field Training Exercise

at Seal Bay
Training Site

18-20 October 2024

You have been selected to participate in North Vancouver Island (NVI) Field Training Exercise (FTX) from Friday, 18 October 2024 to Sunday, 20 October 2024. We are looking forward to your participation in this activity. Please ensure that you and your parent/guardian read these Joining Instructions in full, so you are prepared for this activity.

Cadets from four Army Cadet Corps – 1726 RCACC in Comox, 2422 RCACC in Nanaimo, 2781 RCACC in Powell River and 2943 RCACC in Campbell River – will be joining together for this weekend of elemental field training activities.

Supervision. This activity will be held at Seal Bay Training Site at 2000 Waveland Rd in Comox, involving approximately 80 cadets and 6 adult supervising staff. Contact information for the adult staff is as follows:

- Officer-in-Charge (OIC): Capt Brad Waterfall (Bradley.Waterfall@cadets.gc.ca)
- Logistics Officer (Log O): Capt Caroline Visser (Caroline.Visser@cadets.gc.ca)
- Senior Support Cadet: MWO Elizabeth Mackey (Bmackey861@cdt.cadets.gc.ca)

Transportation. Parents / guardians are asked to arrange for their cadet to be dropped off and picked up as follows:

- Campbell River Area Cadets
 - Drop off at 911 13th Ave, Campbell River at 1715 hrs 18 October 2024
 - Pick up at 911 13th Ave, Campbell River at 1545 hrs 20 October 2024
- Comox Area Cadets (1726 RCACC)
 - Drop off at Seal Bay Training Site at 1730 hrs 18 October 2024
 - Pick up at Seal Bay Training Site at 1530 hrs 20 October 2024
- Nanaimo Cadets
 - Drop off at 709 Nanaimo Lakes Rd at 1645 hrs 18 October 2024
 - Pick up at 709 Nanaimo Lakes Rd at 1530 hrs 20 October 2024
- Powell River Cadets

- Drop off at Westview Ferry Terminal at 1630 hrs (1715 sailing) 18 October 2024
- Pick up at Westview Ferry Terminal at 1700 hrs (1525 sailing) 20 October 2024

Please plan to arrive 15 minutes ahead of these timings. Road conditions and traffic may alter the schedule slightly – thank you for your understanding as we do our best to arrive as close to these planned times as possible.

Activities. This two-day, two-night activity is to engage Cadets in a static bivouac FTX with facilitated tours at Seal Bay Training Site.

Meals. Cadets should ensure they have had an adequate dinner Friday evening before arriving. Meals through the exercise will be a mix of Meals Ready to Eat (MREs) and fresh/catered food. Apart from vegetarian and religious dietary restrictions, other dietary restrictions cannot be accommodated. Those who are requesting foods to meet vegetarian or religious dietary restrictions must advise the planning staff in advance. Please ensure you have provided this information ASAP by sending an email with the cadet's name and dietary requirements to Caroline.Visser@cadets.gc.ca. Cadets with food allergies may wish to bring their own snacks to supplement the food provided. A refillable water bottle is required for use while in attendance.

Dress. Field Training Uniform (FTU) will be worn for the duration of this activity, including during travel. Suitable civilian attire is authorized if you do not have an issued uniform.

Medical. Should a cadet be feeling unwell on the day of this activity, they should not participate. Please contact the Logistics Officer to report that the cadet will not be attending. If a cadet is not feeling well during the activity, they should speak to one of the adult supervisors.

Cadets will manage their own medication, but it must be in its original container with the prescribing doctor's name and medication clearly labelled.

Imagery Consent. We will be photographing cadets during the activities, and will respect each individual cadet's Imagery Consent as has been recorded with their home corps/squadron. Any cadets who do not wish to be photographed will be respected in this choice. Parents who have any specific concerns that they wish known to the adult staff may send an email to the Log O.

Discipline. Cadets are to follow the regulations and standards set out for the Canadian Cadet Organizations to ensure the safety and well-being of everyone. Any conduct issues will be dealt with in accordance with established policy and may result in the cadet being removed from training and/or referral to the appropriate authorities. The Cadet Code of Conduct is to be adhered to at all times.

Provincial Election. Cadets of voting age and adult staff are encouraged to use advance polls to vote in the BC Election.

Required Kit. Cadets will be responsible for safeguarding their personal belongings and are expected to respect the personal belongings of others. Those who choose to bring electronic

devices must understand that these devices are not to be used during training sessions unless needed to support their learning experience and there will be no option to charge devices.

Cadets who have not been issued a field training uniform (FTU) yet should wear and pack appropriate civilian clothes to be worn outdoors, including good footwear. The follow items are to be worn / packed:

Worn

FTUs

T-shirt

Socks pair

Combat boots pair

Beret/Balmoral

Jacket (rain/intermediate cold environment)

Rucksack or duffel 1

Sleeping bag & valise (stuff sack) 1

Sleeping pad/air mattress 1

Spare clothes & undergarments

Towel 1

Spare footwear (hiking shoes/boots) 1

Rain pants

Bungee cords/string

Hoodie/sweater/long sleeve thermal 2

Wash kit/wipes/toiletries

Small pack

Rain jacket

Water bottle

Notebook, pen/pencil

Scarf

Flashlight/headlamp

Snacks

Tilley hat/toque

Gloves

Medication(s)

Snacks

Prohibited Items. The following items are prohibited, and participants shall not have them in their possession: alcohol, tobacco, vaping products, illicit drugs, drug paraphernalia, pornographic material, firearms, weapons (including toy replicas), knives, lighters, or other fire-starting items.

Contact Information. If you have questions or require further details, you may contact the OIC, Capt Brad Waterfall (Bradley.Waterfall@cadets.gc.ca, 613-401-3339).